

# Kendo Line-Up Commands End of Practice

phonetically written for non-Japanese speaker and also with Japanese

After the final Waza or Keiko has been ended, Sensei will call out final Rei.

Once the Sankyo and Rei is completed, call out...

“Sigh Rets !!” This is the call to return to line up again.

整列 (せいれつ)

(This needs to be said loud enough for everyone to hear) As the lead in the line-up, remember you are the anchor point that everyone else will need to follow. Be quick to return to the starting position.

Wait for all of the people to line up standing along-side your position and in a straight line.

After the last of the Sensei/teachers moves to sitting position, call out...

“Chyak Sa !!” or “Say-Za !!” Move to Seiza position quickly, DO NOT remove your gear.

着座 (ちゃくざ) 又は正座 (せいざ)

Once all of the Sensei have removed their Men, then you can call...

Men-O-toe ray !! Remove your equipment

面をとれ (めんをとれ)

Visually confirm that the line is straight and everyone has their gear in a straight line, then call out...

“Key Oat-Skay !!” Draw yourself to sharp attention in the Seiza position

気をつけ (きをつけ)

“Mok Soooooo !!” Meditate.

黙想 (もくそう)

This command should be followed by a brief pause of silence so everyone can silently reflect on what they worked on that day. Typically this should last for 2 deep breaths. If time is short, maybe shortened.

“Mok So Yah May !!” Stop meditating.

黙想やめ (もくそうやめ)

“Sho Men Ni !!” Face the Shomen direction.

正面に (しょうめん)

Pause long enough for everyone to face toward the clock.

“Ray !!” Bow from Seiza position.

礼 (れい)

“Sensei knee !!” or “Sensei gata knee !!”

先生に (せんせいに) 又は先生方に (せんせいがたに)

Face the Sensei.

If there is only one Sensei, then the first or if there are two or more use the second. Pause briefly so everyone has a chance to face the direction of the Sensei.

Be certain to allow enough time for the line-up to change direction.

“Ray !!” Bow from Seiza position.

礼 (れい)

“Ota Gai Knee !!” Face the direction of your partners.

お互いに (おたがいに)

This will always be the same direction as Sensei.

Again, a slight pause...

“Ray !!” Bow in the Seiza position

礼 (れい)

Pause so the Sensei can give closing remarks, if there is not enough time left then you will announce where to meet for after practice announcements.

“Key Oat-Skay, Ray !!” Final Rei from the Seiza position before clearing out the room.

気をつけ、礼 (きをつけ、れい)

